

*Enhancing
postgraduate
research
in a thriving
environment*

RESEARCH DEGREES

Clinical Sciences and Nutrition

The Department has a very strong presence in postgraduate education offering well established MSc degrees in the following areas of study:

- Cardiovascular Health and Rehabilitation
- Exercise and Nutrition Science
- Human Nutrition
- Nutrition and Dietetics
- Public Health Nutrition
- Weight Management

The programmes listed above reflect the Department's research interests and opportunities to study for a research degree (MPhil and PhD) are available within these broad areas.

Each of the areas of research interest has roots in the need to provide research-based evidence to manage and act upon current world-wide concerns about lifestyle influences on health and public well-being.

- The MPhil requires personal study on an individual research project over a period of one to two years full-time or three to four years part-time.
- The PhD involves a substantial period of personal research intended to make a unique contribution to knowledge in the area of study. The PhD requires three to four years full time study or five to seven years part-time.

Research projects may be conducted in on-campus laboratories, in the wider community or within the student's place of work. The Department has a long history of successful research collaboration with commercial organisations and health services both within the UK and internationally. The Department has expertise in both quantitative and qualitative research and a number of recent studies have capitalised upon this strength by adopting a mixed methods approach.

All research students are supported by experienced teams of supervisors each led by a senior academic. In addition students are encouraged to participate in a range of developmental activities in order to enhance their knowledge and research skills.

Interested individuals should contact the Department's Postgraduate Research Co-ordinator, Professor Stephen Fallows (s.fallows@chester.ac.uk) to discuss the application process and the availability of appropriate supervision before constructing a formal application. Prospective students will be asked to provide an indicative outline of their research interests in order to initiate the formalisation of a personally negotiated programme of research.

Postgraduate Research (PGR) Admissions:

 pgradmissions@chester.ac.uk  01244 511000