‘Nutrition through the life stages’
a CPD study day

Plenary talk topics include: Uptake of Healthy Start, Nutritional Assessment in children, Functional Foods, Malnutrition in Older Adults

Careers talks, professional development talks and facilitated networking

Saturday 28th November 2015
10.00am – 5pm
Edge Hill University

£15 per person (which includes a light lunch)

The study day is strictly for Registered Nutritionists, Associate Nutritionists and nutrition students only. Priority will be given to those based in the north west.

To register: Complete the attached Excel sheet, email it to nw@associationfornutrition.org and transfer £15 into the AfN account:
Acc No: 20279138, Sort code: 086001
Please use the code: NW1 plus your SURNAME

Deadline for registration is 5pm on 30th October or when spaces are filled

Max 15 students per university can attend

For more information email Aliya: nw@associationfornutrition.org or call 07986 809633
Programme for the day

10.00am Registration (with tea/coffee)

10.10am Welcome by Chair. Kathleen Mooney RNutr (Public Health). Edge Hill University

10.15 Network update. Aliya Porter RNutr (Public Health). AfN Regional Rep North West

10.25 Pregnancy: A realist review to understand the impact of Healthy Start on the diets of low income women. Heather Ohly RNutr (Public Health). Freelance

10.45 Parent’s attitudes and experience of education and support linked to introducing solid foods into their child’s diet. Claire Glazzard RNutr (Public Health). University of Chester

11.05 Dietary Assessment in children. Genevieve Stone. Edge Hill University

11.25 Food for Life: a whole setting approach to changing food culture in schools and further settings. Amanda Donnelly. Food for Life Partnership

11.45 Break (with tea/coffee)

12.05 Registrants session: Chair - Aliya Porter
   12.05 Regional Voices for Better Health. Margaret McLeod. Voluntary Sector North West
   12.30 Development of CPD requirements for registrants. Sarah Manuel. AfN
   13.15 Networking

12.05 Students session: Chair: Kathleen Mooney
   12.05 Working as a nutritionist - Lynne Kennedy RNutr (Public Health). University of Chester
   12.20 Working in industry. Emily Sturgess. Rowan Foods - Oscar Mayer Group
   12.35 Facilitated networking

13.25 Lunch and poster session

14.25 Young adults: Fifty shades of Nutritional Status of Young Adults aged 18-25 years. Farzad Amirabdollahian RNutr (Public Health). Liverpool Hope University

14.55 Adults: Vitamin D and Cardiovascular Disease – Dr Sohail Mushtaq RNutr (Nutrition Science). University of Chester

15.15 The regulatory challenges of developing food products with specific health claims. Leo Stevenson RNutr (Food). Liverpool John Moores University

15.30 Break (with tea/coffee)

15.50 Older adults: ‘Functional foods enriched with a vegetarian omega 3 nanoemulsion – the potential to improve the long term health of vegetarians?’ Dr Katie Lane ANutr. Liverpool John Moores University

16.10 Older adults: Evaluation of a national malnutrition prevention pilot programme in the UK - Paula Thorp RNutr (Public Health). University of Chester, and Cheshire and Wirral Partnership NHS Trust

16.30 Panel question and answer session

17.00 Close Please join us for further networking in a local eatery