Graduate Entry to Allied Medical Professions –

Audiology, Dietician/Nutritionist, Occupational Therapy, Orthoptist, Physiotherapy, Radiography, Speech and Language Therapy

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www.manchester.ac.uk/careers/startingpoints
Graduate entry to allied medical professions

Introduction

Recruitment for many health professionals has been going through considerable upheaval in recent years and for the first time graduates have been leaving courses and reporting it difficult to find a job. However, the situation has started to improve and long term forecasting is very positive for health professionals, with a consensus that recent short term problems were as a result of issues to do with workforce planning as well as many trusts moving to Foundation status. For more information about the current job market and career prospects in your chosen area, check out the NHS website www.whatcanidowithmydegree.nhs.uk

Detailed information about all careers in the health sector is available via:

- Prospects website: www.prospects.ac.uk/types_of_jobs_health.htm
  www.prospects.ac.uk/health_social_care_sector.htm
- NHS Careers www.nhscareers.nhs.uk
- National Careers Service Job Profiles – medicine and nursing: https://nationalcareersservice.direct.gov.uk/advice/planning/jobfamily/Pages/medicineandnursing.aspx

General resources

We have a number of publications in our Resource Centre check the Careers Library Catalogue – www.manchester.ac.uk/careers/library

- “Health and Social Care” section and online at www.careers.manchester.ac.uk/students/options/sectors/health
- You can also use our links on Delicious: www.delicious.com/manchestercareers
- The Careers Service also has numerous volunteering opportunities that relate to health care www.manchester.ac.uk/volunteers
- Health Learning and Skills Advice line - call 08000 150 850 or look at www.skillsforhealth.org.uk/developing-your-organisations-talent/careers-information,-advice-and-guidance
  Step into the NHS www.stepintothenshhs.nhs.uk
- What can I do with my degree? www.whatcanidowithmydegree.nhs.uk
- NHS jobs www.jobs.nhs.uk

Audiology and Hearing Therapy

A fully trained audiologist has in-depth knowledge about hearing, acoustics and balance. An audiologist has two main roles, diagnostic and rehabilitative. The diagnostic role involves carrying
out a range of tests on children and adults to determine the level and extent of deafness or a balance problem, to enable accurate clinical diagnosis.

The rehabilitative role involves long-term management of people with deafness, balance problems or tinnitus. The audiologist needs to have technical skills and good listening and communication skills.

Hearing therapists assess the needs of patients who have lost their hearing later in life (become deafened), or have tinnitus or balance problems. They give advice on tactics to help with lipreading and hearing and on how to make the best use of hearing aids and environmental aids.

**Graduate entry**

To work as an audiological scientist you must complete a first degree in a relevant subject, followed either by the completion of the [NHS Scientist Training Programme (STP)](https://www.nhscareers.nhs.uk/explore-by-career/healthcare-science/training/nhs-scientist-training-programme-(stp)) or by a university-run Masters course in an audiology subject. Both routes lead towards registration as an audiological scientist or clinical scientist (audiology).

The STP leads to a Masters degree and a certificate of workplace-based training following one of the themed pathways (neurosensory sciences). To be eligible for the programme you must have at least a 2:1 degree in a relevant subject. The most commonly accepted degrees are physiology, pure or applied physics, engineering, biology or human biology. The following degree subjects may also increase your chances: chemistry, nursing, speech science/therapy, biochemistry, biomedical science, psychology and medicine.

Recruitment for the September intake of the STP usually begins in January or February, with a closing date of mid-March. Details of all training posts are available on: [www.jobs.nhs.uk](http://www.jobs.nhs.uk)

The alternative route is to complete an MSc in Audiology or Audiological Science, accredited by the [British Academy of Audiology (BAA)](http://www.baaudiology.org). See the BAA website for a list of course providers [www.baaudiology.org](http://www.baaudiology.org)

**Work experience**

Pre-entry experience is not necessary, but work experience in a related area can provide a useful background for studying audiology, for example working with children or the elderly. Completing the British Sign Language (BSL) Level 1 course gives an insight into deaf culture and deaf issues.

**Funding**

Graduates on the new Scientist Training Programme will be paid a salary for the duration of their training. STP trainees are paid at Agenda for Change Band 6 (£25,528)

**Additional information sources**

- Prospects Occupational Profile Audiological Scientist [www.prospects.ac.uk/audiological_scientist_job_description.htm](http://www.prospects.ac.uk/audiological_scientist_job_description.htm)
- The National Deaf Children's Society has produced a careers factsheet covering hearing therapy and audiology [www.ndcs.org.uk/document.rm?id=1289](http://www.ndcs.org.uk/document.rm?id=1289)
**Dietician**

The title “dietician” is protected and in order to work as a dietician in the NHS you need to have an accredited qualification and be registered with the Health Professions Council. Dieticians fulfill both a therapeutic and preventative role; work with ‘ill’ people and healthy people; work in one-to-one and group settings.

**Graduate entry**

There are currently eight universities offering up to two year conversion degrees for graduates. Normally, applicants for these courses will have successfully completed an honours degree course which contains an acceptable level of Human Physiology and Biochemistry. A good command of spoken and written English is essential.

The following Universities currently offer the conversion course which lasts between 15 months and 2 years. You should always check for up to date accredited course information on the British Dietetic Association website [www.bda.uk.com/careers/courses.html](http://www.bda.uk.com/careers/courses.html)

- Glasgow Caledonian
- Queen Margaret
- King’s College London
- Leeds Metropolitan
- University of Chester
- London Metropolitan
- Cardiff Metropolitan University
- The University Of Ulster

**Work experience**

Visit a hospital before applying to any of the courses and find out as much as possible about the work - some colleges and universities expect applicants to have visited a dietetic unit.

**Funding**

Tuition fees are funded by the National Health Service (NHS) for both UK and EU students. Successful UK applicants may also be eligible to apply for a means-tested NHS bursary, subject to UK residency criteria. This funding is not open to international students.

For more information refer to the NHS Business Services Authority website [www.nhsbsa.nhs.uk/Students](http://www.nhsbsa.nhs.uk/Students)

**Additional information sources**

- British Dietetic Association [www.bda.uk.com](http://www.bda.uk.com)
- Prospects Occupational Profile [www.prospects.ac.uk/dietitian_job_description.htm](http://www.prospects.ac.uk/dietitian_job_description.htm)
- National Careers Service Job Profile [https://nationalcareersservice.direct.gov.uk/advice/planning/jobprofiles/Pages/dietitian.aspx](https://nationalcareersservice.direct.gov.uk/advice/planning/jobprofiles/Pages/dietitian.aspx)
- Health Professions Council [www.hpc-uk.org](http://www.hpc-uk.org)
**Nutritionist**

Nutritionists work in a variety of organizations, including food companies, retailers, sports and leisure and the NHS (where they work under the supervision of a dietician).

The Nutritional therapists work with clients to relieve the symptoms of illness (or maintain health) through diet and nutritional support. Their work is usually within private practice and nutritional therapists are often self-employed.

The study of science (chemistry, biology, human biology, food science, anatomy and physiology), to at least an A-level standard, is a requirement for entry to clinical courses offering training in nutritional therapy. Training courses can vary in length, cost and content, with some placing a different emphasis on dietary, naturopathic or biochemical aspects.

The Nutritional Therapy Council (NTC) [www.nutritionaltherapycouncil.org.uk](http://www.nutritionaltherapycouncil.org.uk) is the regulatory body which administers all course accreditation. The NTC acts as an independent professional standards council and is working with the Complementary and Natural Healthcare Council (CNHC). [www.cnhc.org.uk](http://www.cnhc.org.uk) The NTC accredits courses against the National Occupational Standards (NOS) which are developed and updated by Skills for Health [www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk).

**Funding**

Nutritionists/nutritional therapists are not registered with the Health Professions Council and do not qualify for funding from the NHS. Use directories such as The Grants Register and the Prospects Postgraduate Funding Guide available in the Careers Centre to identify possible sources. Student loans are available for most health care courses. A career development loan is also worth investigating.

**Additional information sources**

- Prospects Occupational Profile  
  [www.prospects.ac.uk/nutritional_therapist_job_description.htm](http://www.prospects.ac.uk/nutritional_therapist_job_description.htm)
- British Association for Nutritional Therapy  
  [www.bant.org.uk](http://www.bant.org.uk)
- NHS Careers Profile  
- Nutritionists in Industry  
  [www.nii.org.uk](http://www.nii.org.uk)
- The Nutrition Society  
  [www.nutritionsociety.org](http://www.nutritionsociety.org)
- The Association for Nutrition  
  [www.associationfornutrition.org](http://www.associationfornutrition.org)
Occupational Therapy

Occupational therapists help people to overcome difficulties, which may be the result of physical or mental illness, an accident or the ageing process. They work with clients to help them lead full and independent lives and, where possible, prevent disability.

Fast track options and other entry routes for Graduates

An accelerated two-year Masters (or postgraduate diploma), is available for recent graduates (within the last five years) with relevant degrees and some health or social care experience. Relevant subjects include: biological or medical sciences; other health-related subjects; psychology; sociology. Accelerated programmes generally want a relevant degree of at least a 2.1.

Currently the following universities offer an accelerated programme:

- Essex
- Derby
- Brighton
- Cumbria
- Leeds Metropolitan
- Brunel
- London South Bank
- Teeside
- Northumbria
- East Anglia
- Oxford Brookes
- Plymouth
- Sheffield Hallam
- Southampton
- Queen Margaret, Edinburgh
- Glasgow Caledonian
- Bangor
- Cardiff

The Careers Handbook, available online from the British Association of Occupational Therapists and College of Occupational Therapists (BAOT), www.baot.org.uk includes comprehensive advice for people considering a career in occupational therapy, and a detailed directory of courses and universities throughout the UK. Contact institutions individually to confirm their entry requirements, as these vary from course to course. It is extremely useful to visit an occupational therapy unit, within a hospital or social services, to gain an understanding of the profession before applying for a course.

Graduates of other subjects who satisfy standard degree entry criteria can do the BSc (Hons) in Occupational Therapy (three or four years full-time, or at least four years part-time). Entry requirements do vary for each course so you should check each institution you are interested in. Entry to degree courses tends to require study of related subjects at A level - e.g., Biology, Psychology, Sociology.

Other possible routes enabling entry to the second year of the occupational therapy degree are the Foundation degree in Health and Social Care and the SQA HNC in Occupational Therapy.

Occupational therapy support workers and technical assistants with acceptable qualifications can work towards becoming OTs by taking a pre-registration programme leading to full professional recognition. You should check individual courses for entry requirements. The British Association of Occupational Therapists and College of Occupational Therapists produces a detailed directory of courses and a free downloadable Occupational Therapy Career Handbook www.baot.org.uk/become-ot
Funding

In England and Wales, students applying for undergraduate pre-registration courses are normally eligible to have their tuition fees funded by the NHS. Funding arrangements for postgraduate pre-registration study differs around the UK. For more information about funding arrangements, contact the universities directly.

Further information is available from:

- NHS bursaries in England - [www.nhsbsa.nhs.uk/student](http://www.nhsbsa.nhs.uk/student). Call the bursary line on 0845 358 6655
- Wales [www.wales.nhs.uk](http://www.wales.nhs.uk)
- Scotland [www.saas.gov.uk](http://www.saas.gov.uk)
- Northern Ireland [www.delni.gov.uk](http://www.delni.gov.uk)

How to apply

Contact the universities that interest you to obtain a copy of their prospectus. These can usually be downloaded from university websites. Alternatively, you can contact the universities to obtain a copy. This will give you a good idea of the ethos of the university and the facilities it offers. It should also tell you the dates of its forthcoming open days.

For most accelerated postgraduate programmes you do have to apply direct to Universities. All applications for undergraduate degree programmes are made through Universities and Colleges Admissions Services (UCAS) ([www.ucas.com/apply/](http://www.ucas.com/apply/)).

Work experience

You will be expected to have at least visited an occupational therapy department. Previous experience is particularly important for the two-year accelerated course and may include working with older people and people with mental health or physical disabilities. As the demands for the job are very varied, you will need to have experiences that demonstrate that you can be creative, persuasive, patient and flexible. An inquiring mind is important to the success of both assessment and treatment.

A wide range of volunteering experience would be useful either in a community or hospital environment. Jobs that could help you gain relevant experience include working as an occupational therapy assistant, social care support worker, social work assistant, teaching assistant in a special needs environment.

Information sources

- British Association of Occupational Therapists and College of Occupational Therapists [www.cot.co.uk](http://www.cot.co.uk)
- World Federation of Occupational Therapists [www.wfot.org](http://www.wfot.org)
Orthoptist

Working as an orthoptist

Orthoptists investigate, diagnose and treat defects of binocular vision and abnormalities of eye movement. The work involves seeing patients of all ages from infants to the elderly.

Entry requirements

There are no postgraduate level pre-registration courses in orthoptics, so graduates with a degree in another subject must complete the full three years of an orthoptics degree. Graduate applicants should have a minimum 2:2 in a science-based subject. Some graduates may be eligible to apply for Accreditation of Prior Learning (APL) and therefore be exempt from some modules. Check with individual course providers for details.

Applicants considering this course are encouraged to observe the work of an orthoptist. To arrange this you should contact the Head orthoptist at your local hospital eye department.

Orthoptics is a graduate profession and to work in the NHS you must be a registered with the Health Professions Council (HPC). Orthoptic training is only available at three universities in the UK, at the University of Liverpool, the University of Sheffield and Glasgow Caledonian University.

Work experience

Work experience is not a strict requirement of entry to the course but it is essential to show commitment and a good understanding of the profession by arranging to visit an orthoptic department and most general hospitals will have an orthoptic service.

Work in a paid or voluntary capacity in a caring environment is highly relevant and this could include working with young children or with elderly or disabled adults.

Funding

Orthoptics students have their fee contribution paid for them by the NHS and may receive a means-tested bursary to help towards living costs (see NHS Student Bursaries (www.nhsbsa.nhs.uk/Students) Bursary-funded places are limited and you are advised to apply early. Where bursaries are not available through the NHS, applicants will need to seek alternative sources of funding.

Additional information sources:
Physiotherapy

Fast track options and other entry routes

Some science and other graduates are eligible for accelerated two-year pre-registration MSc degree programmes in Physiotherapy or Rehabilitation Science. Most courses require a 2:1 degree and evidence of undergraduate research or dissertation. Applications should be made directly to institutions. A degree in the following subject areas may help you gain entry to an MSc programme: biological sciences; behavioural sciences; sports science; health-related disciplines; psychology; physiology; anatomy; chemistry; physical education.

The following universities currently offer the accelerated 2 year course. You should always check out as this list may continually change.

Birmingham                 Manchester Metropolitan
Brunel                     Robert Gordon
Brighton                   Northumbria
Cumbria                    Oxford Brookes
Edinburgh                  St George’s University, London
East Anglia                Southampton
Essex                      Teesside
Glasgow Caledonian         Queen Margaret, Edinburgh
Leeds Metropolitan         York St John
London Kings College

Graduates of other subjects may apply for places on validated BSc degree courses if they satisfy the basic eligibility criteria. A list of all institutions offering accredited courses at both BSc and MSc level can be found on the Chartered Society of Physiotherapy website. (www.csp.org.uk) and the NHS Course Finder site.

Funding

In England and Wales, funding for both undergraduate and postgraduate courses is via a NHS Means-Tested Bursary. An application for a bursary is normally made through the relevant university department on your behalf once you have been offered a place. Students who are awarded bursaries also get their course fees paid and are eligible to apply for a student loan. Tuition fees are generally always paid by the NHS to students with UK citizenship. A means-tested bursary means that your income or that of your spouse/parents will be taken into account, and the amount
of the award will be reduced in proportion of that income. For new graduates the general rule is that you need to have been independent of your parents for a minimum of 3 years in order to be means-tested on your own.

If a student is accepted to fill one of the 'bursary places' on their programme, then the student will receive the NHS bursary regardless of any LEA mandatory awards previously made. Any queries about funding should be addressed to the admissions tutor of the university which has offered you a place. You are strongly advised to contact the NHS Student Bursaries Unit to get advice about what you are likely to receive. In Scotland, funding is usually through the Student Awards Agency for Scotland (SAAS)

Further information is available from:

- Prospect Job description  
  [www.prospects.ac.uk/physiotherapist_job_description.htm](http://www.prospects.ac.uk/physiotherapist_job_description.htm)
- NHS Careers  
  [www.nhscareers.nhs.uk](http://www.nhscareers.nhs.uk)  
  [advice@nhscareers.nhs.uk](mailto:advice@nhscareers.nhs.uk)
- NHS bursaries in England - [www.nhsbsa.nhs.uk/student](http://www.nhsbsa.nhs.uk/student). Call the bursary line on 0845 358 6655
- Wales [www.wales.nhs.uk](http://www.wales.nhs.uk)
- Scotland [www.saas.gov.uk](http://www.saas.gov.uk)
- Northern Ireland [www.delni.gov.uk](http://www.delni.gov.uk)

How to apply

Contact the universities that interest you to obtain a copy of their prospectus. These can usually be downloaded from university websites. Alternatively, you can contact the universities to obtain a copy. This will give you a good idea of the ethos of the university and the facilities it offers. It should also tell you the dates of its forthcoming open days.

For most accelerated postgraduate programmes you do have to apply direct to Universities. All applications for undergraduate degree programmes are made through Universities and Colleges Admissions Services (UCAS) ([www.ucas.com/apply](http://www.ucas.com/apply)).

Work experience

Work experience in any aspect of healthcare will be useful to you. This is because admissions tutors are looking for evidence that you have the ability to communicate well with all ages and sections of the community, and can cope with bodily fluids, illness and disability. Examples of where you may find work experience are:

- Local hospitals and their physiotherapy departments (private or public)
- Private physiotherapy clinics - a search for local physiotherapists is available from the CSP website
- Sports clinics, football clubs or special schools, units (for physically disabled children and adults)
- Nursing homes for the elderly
- Voluntary work for example with the Red Cross, St Johns Ambulance Society or the MS Society.
Many physiotherapy programmes or hospital departments near you will probably hold an open day at some stage in the year. Information on open days are usually posted on individual university or hospital websites. Contact them to find out if anything is being organised and try to attend.

Information sources

- Chartered Society of Physiotherapy (CSP)
  www.csp.org.uk
- Health Professions Council (HPC)
  www.hpc-uk.org
- www.thephysiotherapysite.co.uk
- www.nhsjobs.nhs.uk
- Health Professions Council
  www.hpc-uk.org

Radiography

There are two types of radiographer. Diagnostic radiographers employ a range of sophisticated equipment including X-rays and ultrasound to produce high quality images to diagnose an injury or disease. Therapeutic radiographers plan and deliver radiotherapy for the treatment of cancer.

Accelerated postgraduate routes are available at the following universities:

Liverpool
London South Bank
Queen Margaret (Edinburgh)
Sheffield Hallam
Teeside

All courses are listed on the Register of approved programmes on the Health Professions Council website
www.hpc-uk.org/education/programmes/register/index.asp?EducationProviderID=all&StudyLevel=Postgraduate&ProfessionID=12&ModeOfStudyID=all&RegionID=all&sSubmit=Search and the NHS Course Finder site.

To apply, contact the individual institutions to check eligibility.
To be eligible for these courses you will need to have achieved an upper second class degree or above in a related subject such as biological science, forensic science, biomedical science, nutrition and dietetics, psychology, health sciences, sports science, pharmacology and physics.

Work experience

Previous work experience within a radiography department, or work-shadowing of a qualified diagnostic radiographer, would strengthen an application and universities frequently expect a visit report as part of the entry criteria.

Funding

Radiography course in England and Wales are funded via an NHS means-tested bursary. See NHS
Student Bursaries for more details www.nhsbsa.nhs.uk/Students.

An application for an NHS bursary is normally made by the relevant university on behalf of the student, once a place on a course has been confirmed. Those claiming an NHS means-tested bursary may also be entitled to apply for a student loan. Students in Scotland should contact the Student Awards Agency for Scotland (SAAS) www.saas.gov.uk Students in Northern Ireland should apply to their local education authority (LEA) for an award.

Additional information sources:

- Prospects Occupational Profiles
  www.prospects.ac.uk/diagnostic_radiographer_job_description.htm
  www.prospects.ac.uk/therapeutic_radiographer_job_description.htm
- Radiography Careers
  www.radiographycareers.co.uk
- The Society of Radiographers has a full list of courses at BSc level
  www.sor.org/public/students/index.htm Most courses will require at least one science A-Level or equivalent.
- Health Professions Council
  www.hpc-uk.org

Speech and Language Therapy

Accelerated graduate options and other entry routes

Nine universities offer accelerated two-year postgraduate courses if you already have a relevant degree. Currently these are:

Queen Margaret, Edinburgh  Reading
City University, London    Sheffield
UCL                       Essex
Newcastle                 Canterbury Christ Church
University of Greenwich, London

The following degrees are often considered for entry to two-year courses: speech science/therapy/communication studies; linguistics; psychology; physiology; human biology.

Graduates of other subjects can do a degree accredited by the Royal College of Speech and Language Therapists. There are currently 18 universities offering accredited undergraduate 3 to 4 year degree courses, all may need some relevant study at A level, e.g., Biology, Psychology, English Language.

Courses typically comprise both theoretical and clinical studies. The theoretical subjects studied include anatomy, physiology, neurology, psychology, phonetics, linguistics, child development, speech pathology and therapeutic methods. Clinical practice takes place in hospitals, schools, clinics and day-centres, under the supervision of qualified therapists.
Funding

In England and Wales, funding for both undergraduate and postgraduate courses is via a NHS Means-Tested Bursary. An application for a bursary is normally made through the relevant university department on your behalf once you have been offered a place. Students who are awarded bursaries also get their course fees paid and are eligible to apply for a student loan. Tuition fees are generally always paid by the NHS to students with UK citizenship. A means-tested bursary means that your income or that of your spouse/parents will be taken into account, and the amount of the award will be reduced in proportion of that income. For new graduates the general rule is that you need to have been independent of your parents for a minimum of 3 years in order to be means-tested on your own.

If a student is accepted to fill one of the 'bursary places' on their programme, then the student will receive the NHS bursary regardless of any LEA mandatory awards previously made. Any queries about funding should be addressed to the admissions tutor of the university which has offered you a place. You are strongly advised to contact the NHS Student Grants Unit to get advice about what you are likely to receive. In Scotland, funding is usually through the Student Awards Agency for Scotland (SAAS)

Further information is available from:

- www.nhscareers.nhs.uk
- advice@nhscareers.nhs.uk
- NHS bursaries in England - www.nhsbsa.nhs.uk/student. Call the bursary line on 0845 358 6655
- Wales www.wales.nhs.uk
- Scotland www.saas.gov.uk
- Northern Ireland www.delni.gov.uk

How to apply

Contact the universities that interest you to obtain a copy of their prospectus. These can usually be downloaded from university websites. Alternatively, you can contact the universities to obtain a copy. This will give you a good idea of the ethos of the university and the facilities it offers. It should also tell you the dates of its forthcoming open days.

For most accelerated postgraduate programmes you do have to apply direct to Universities. For a full list of accredited courses see the NHS Course Finder or the Health Professions Register of Approved Programmes All applications for undergraduate degree programmes are made through Universities and Colleges Admissions Services (UCAS) (www.ucas.com/apply).

Work experience

Competition for places on all courses is high and pre-entry experience and knowledge of the profession are essential. Before applying, visit child and adult clinics to observe and talk to practitioners. You may be asked about this on application forms and at interviews. There are numerous ways of getting relevant work experience via either volunteering or paid work. Examples include work as a speech therapy assistant, work with children, or elderly or disabled people. This could be in either a health or social care environment. You need to think about how you are developing and providing evidence of the following skills: excellent communication skills with people of all ages and backgrounds; patience, as progress may be slow; creativity; team working skills;
organisational skills and flexibility; ability to be at ease in a clinical environment.

Information sources

- Prospects Profile
  [www.prospects.ac.uk/speech_and_language_therapist_job_description.htm](http://www.prospects.ac.uk/speech_and_language_therapist_job_description.htm)
- Royal College of Speech Therapists produce a free careers guide
  [www.rcslt.org/speech_and_language_therapy/careers/career](http://www.rcslt.org/speech_and_language_therapy/careers/career)
- Speakability- national charity for people with Aphasia
  [www.speakability.org.uk](http://www.speakability.org.uk)
- Stroke Association
  [www.stroke.org.uk](http://www.stroke.org.uk)
- Health Professions Council
  [www.hpc-uk.org](http://www.hpc-uk.org)
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