This book is written in order to enhance practice and understanding in Counselling and allied helping professions. The contributors are all qualified Counsellors and the work is grounded in research. They explore: the phenomenology of the tattooed client; the impact of Person-Centred Counselling training on friendship; the therapeutic importance of pets; non-physical abuse; mothers’ experiences of the impact of a traumatic birth; the experience of Counsellors who work with complicated grief; and the role of mother-tongue in counselling Welsh speakers.

These individual chapters provide valuable insights into working with client groups and needs which are rarely explored in the wider literature. As a result, professionals practising in these specific fields will find this book particularly relevant. Equally, for the general reader in the Counselling and allied helping fields, the specific areas covered will spark curiosity and provide food for thought to apply to their own work. This book is an exemplar of good practice in the publication of excellent Counselling students’ research, which draws on the Interpretative Phenomenological Analysis method of research, in which the participants’ voices are clearly heard.

**Bibliographic Information**


**University of Chester Press**
Parkgate Road, Chester CH1 4BJ
Tel: +44 (0)1244 513305
Fax: +44 (0)1244 511302
Email: sarah.griffiths@chester.ac.uk
www.chester.ac.uk/university-press